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Summer and Music (SAM) : Me ( w / D e J u l y S p e c i a l )

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**Who:** [Summer and Music \(SAM\)](#)  
**This Event has concluded.**

**Date:** Saturday July 31st, 2010  
[See Upcoming Events For Summer and Music \(SAM\)](#)

**Time:** 5:00 PM  
Til 9:00 PM

**Location:** Downtown Long Beach - Rainbow  
[330 South Pine Ave.](#)  
Long Beach, CA  
Long Beach

**Cost:** Free.  
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[Event Link](#)

**Description:** It's almost unheard of to have four insanely good local bands release albums within weeks of one another. The co-founders of Summer and Music (SAM) consider these to be circumstances worth noting. Release Me is described by SAM co-founder Rand Foster as a means to "celebrate stirring new music, revered old sound and the musicians who push the limits of both."

Doing just that, on the heels of their Rounder Records June 8 release "History From Below"-which has every music media outlet from Billboard to Rollingstone Magazine inventing adjectives for greatness-Delta Spirit has been coast to coast this summer, pounding the hammer that is their distinct sound.

The Fling-self-releasing their first full-length "When the Madhouses Appear" on their own label (Lady Monk Records) August 31-has been recording and touring feverishly in the past year. LARecord describes this Long Beach four piece to a tee: "If a bus filled with the Flying Burrito Brothers is headed North by Northeast and a VW Van filled with the Beach Boys is headed South by Southwest and the Beatles flyover in a yellow submarine to ensure that the guys from Brian Jonestown Massacre stopped to give everyone a lift, well, what happens next? The answer is The Fling, a god damned gift from heaven."

Tijuana Panthers, a favorite Long Beach surf punk three piece, will release their new album "Max Baker" this month, just before the Release Me showcase. For a sound reference, OC Weekly said to, "Picture the reverb-slathered guitar and heavy toms of '60s era groups like The Trashmen, spliced with a little Misfits punk attitude, and you kind of get the idea of what these guys are going for."

Also on the bill, The Brook Lee Catastrophe will crank out some new tunes from their third record "American Hotel," released on July 13 and available at Fingerprints. Long Beach Magazine says the sound of this five piece creates, "a storyteller atmosphere, with a backdrop of music reminiscent of Van Morrison and Wilco."

Send to Outlook: <http://www.fullcalendar.com/vc.cfm?i=488768>

**About: Summer and Music (SAM)**  
SAM2010: Music For the People. Revives the ears. Works with the planet.

Summer and Music (SAM) is downtown Long Beach's homegrown, sustainable concerts series providing an entire summer of free, all-ages music to the public [www.summerandmusic.com](http://www.summerandmusic.com)

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